



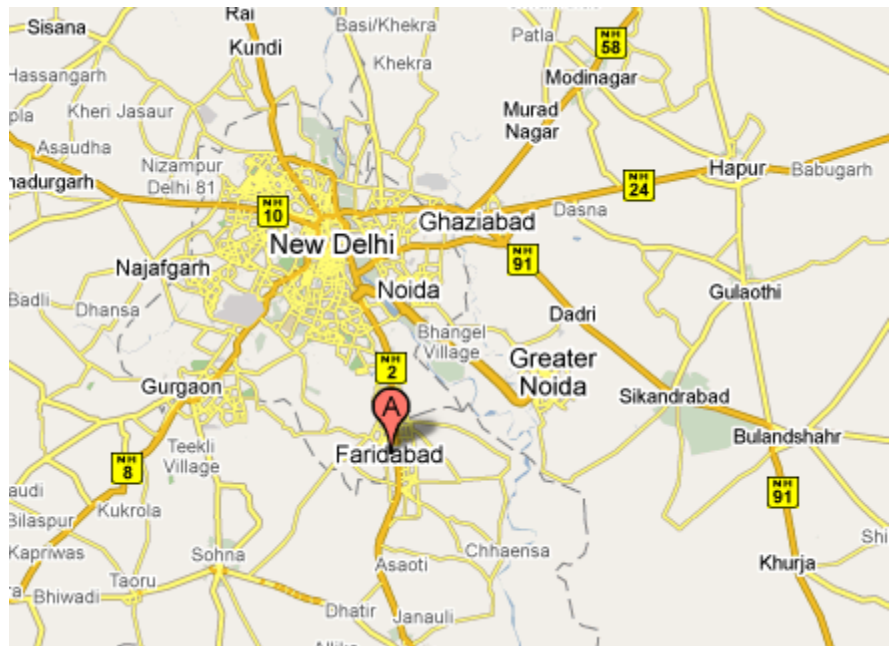
ABLE Charities is a not-for-profit organisation, focused primarily on working in small villages within Rajasthan, India. Since Prem Kumar Khullar founded ABLE Charities over 15 years ago, the organisation has taken a leadership position in providing hospital and clinical services, education, and community integration in numerous villages located in the district of Faridabad, Haryana.

ABLE's mission is to improve the quality of life for people living in villages by offering first class medical services, education, food programs, and vocational activities in an environment that is affordable.

Insight wishes to promote this program to the wider student community and recommends applying for a **2-4 week** volunteer program during either **December 2009 or January 2010**.

**Two groups of 4-6 students** will be accepted pending the decision by Prem Kumar Khullar.

For more information, please visit the website at <http://www.ableindiacharities.com/> or watch the You Tube video at <http://www.youtube.com/watch?v=Ty1-xjQV0r8>



Please find below the electives database report by Medical student Shaad Manchanda



### PERSONAL DETAILS

<b>Name</b>	Shaad Manchanda	<b>Current course &amp; year level</b>	MBBS III
<b>E-mail address</b>	shaadmanchanda@hotmail.com	<b>Phone number (optional)</b>	
<i>Information disclosure:</i> Do you give Insight permission to make your contact details available to anyone with further questions?			Yes

### ELECTIVE DETAILS

<b>Country</b>	India	<b>City</b>	Behrola
<b>Setting</b>	Rural		
<b>Local languages spoken</b>	Hindi (the doctors do speak some English → enough English for students to be comfortable and get by with)		
<b>Dates of elective</b>	From: leave Adelaide 25 <sup>th</sup> November 2009	To: arrive back in Adelaide on 26 <sup>th</sup> December 2009	Duration: the actual elective will be for approximately 3 weeks during this time frame
<b>Year level during elective</b>	Year III	<b>Expected level of knowledge</b>	There are no specific pre-requisites; i.e. this is available for any student in medicine

### DETAILS OF INSTITUTION

<b>Name</b>	ABLE Hospital	<b>Population served</b>	Not sure; its serves quite a number of villages and towns; what I can say though is that ABLE treats about 20,000 patients a year and the hope is to double this within a year or two
<b>Size</b>	65 rooms; 40 beds		
<b>Departments/specialties available</b>	Physician department, cardiology department (ECG, Holter monitoring, stress/exercise testing), dental department, dermatology department, ENT department, gynecology department, I.C.U. orthopaedics dept, pediatric department, physiotherapy department, diagnostic imaging (incl radiology, ultrasound, duplex Doppler imaging), surgery department, laboratory (include complete diagnostic facilities)		
<b>Further description</b>	<ul style="list-style-type: none"> <li>- built up area of 35,000 sq feet</li> <li>- 10 doctors</li> <li>- open 24 hrs a day</li> </ul>		
<b>Student responsibilities</b>	Not completely sure seeing as this has never been done before but the plan is to have students observing operations and treatment of patients, observing imaging and basically everything that is available – and then depending on how comfortable the doctor is and what is involved, the student might get involved with some basic things and take it from there – in short, a lot of observation work and helping out in any way that the doctors/staff need help		
<b>Teaching availability</b>	No official direct teaching (as in a classroom setting) but there is teaching in that when watching the surgery, the surgeon will explain the procedure and teach students that way		
<b>Elective contact</b>	Currently there is no official contact but it will be me for this year.		
<b>Application process</b>	200 word (max) paragraph:		



	<p><i>In what ways could you assist and contribute to the successful running of the ABLE Charities program in 2009? Please make reference to any previous personal experiences that could help you achieve this.</i></p> <p>Download the application form from the Insight website for more details.</p>
<b>Donations brought/grants</b>	<p>The institution is based purely on donations – it has no income generation method and all services are paid for through donations; so there is always needs both of equipment and money; if you want an exact list of what is needed let me know and I can try and find the list of machinery and equipment he needs; however in my talking to him he said the best support is financial as he can buy the same equipment for a cheaper price and some of his biggest costs are paying for simple things like the electricity needed, or to pay the doctors and staff, etc</p>

### TRAVEL, ACCOMMODATION, FOOD, LEISURE...

### EXPECTED COSTS

<b>Accommodation options</b>	Onsite accommodation;	AUD\$ 0
<b>Accommodation details</b>	3 rooms each with a double bed so up to 6 people if people share – only limitation is a cultural one in that opposite sex people cannot share rooms unless they are married so like say 6 people go, you could do it so that there are 2 girls and 4 guys so that one room has 2 girls sharing, and the other two rooms each has 2 guys sharing → it would be unacceptable to have 3 girls and 3 guys as that would mean that 1 room would have a guy and girl sharing.	
<b>Travel to location (including necessary documentation)</b>	<p>Fly to Delhi with a stop-over usually in Singapore or Malaysia.</p> <p>From Delhi, students can organise their own transportation such as taxi or car however the simplest method is to coordinate with ABLE hospital and Prem Kullar will organise for a car to pick people up from the airport and take them back to the airport when they have to leave.</p> <p>You will require a VISA.</p>	AUD\$1,300 – 1,600 return flight Adelaide to Delhi. The later you book, the more expensive it gets.
<b>Transport within location</b>	It is a rural area so transportation will be limited – not having been there for a long period of time I am not sure exactly but there will be local transportation such as 3 wheel scooters, taxis and the like. This is at your own cost.	AUD\$
<b>Food allowances</b>	In terms of food, people can buy their own food and cook it themselves (there is full kitchen equipment in the accommodation) however he is willing to provide all the vegetarian Indian food you want and laundry for \$20 per day.	AUD\$
<b>Social activities</b>	Not sure; you can make day trips to bigger towns including the “Golden Triangle” of cities. The biggest ‘social activity’ would be to go to the Taj Mahal – it is only a few hours drive away from the hospital. How much site-seeing you do is up to you to organise so you need to take your own initiative.	AUD\$
<b>Recommended vaccinations</b>	Hepatitis A and Typhoid 6 weeks before travel; Malaria tablets taken around 1 day before until 4 weeks after return.	AUD\$

### ADDITIONAL DETAILS

<b>The good</b>	Get to do a lot without having to be in a senior year; get to help those truly in need; get to visit the Taj Mahal
<b>The bad</b>	Not sure at this point. Will have more for both the good and bad points after going there. Sorry i



	can't be more specific.
<b>Further descriptions, comments or advice</b>	The fact that it is a charity; the guy who set up the place is the definition of altruism; he is motivated and dedicated like nobody I have ever met or heard of before and he has a pure heart of gold and it would be amazing to work with him and help him and be part of what he does!
<b>For more information</b>	<a href="http://www.ableindiacharities.com/">http://www.ableindiacharities.com/</a>
<b>Recommendation rating</b>	4/5

Please return this form to [curriculum@insight-health.org.au](mailto:curriculum@insight-health.org.au). Insight thanks you for your time and contribution. Your efforts will greatly help inform other students of the many opportunities available to them. Thank you!