

Home and Away

International health for travellers
AND stay-at-homes...

Quick CV

- Trained at Adelaide Uni, 1981-1986
- Medical elective in Baiyer River, Papua New Guinea, 1985/6
- Internship & junior doctoring in Adelaide, 1987-1990
 - GP terms in Meningie & Townsville
- Rural general practice in Barmera (Riverland region, SA), 1991-2000
- UK general practice, 2000-2003
- Mixed clinical and academic GP, 2004 onwards

Elective - 1985

- Tinsley Health Centre, Baiyer River, Western Highlands province
- Approx. 30 bed hospital, outpatients, theatre, visits to outlying clinics & aid posts
- Very broad range of presentations
- Minimal technology – need good clinical skills!!
- Lots of responsibility



Rural Practice

- Broad scope, lots of responsibility, often procedural
- Cross-cultural: indigenous health, other ethnic groups
- Personally & professionally challenging, and rewarding

Refugee Health

- 'working holiday' in the UK, had to re-do some GP registrar time
- Large influx of refugees: Middle East, Africa especially
- Helped set up and worked in Suffolk Community Refugee Team
 - Multidisciplinary
 - Client-focused
 - Holistic

Cross-cultural medicine

- Nunkuwarrin Yunti, Adelaide CBD
- 'No Pulgi' team – targeting homeless people in and around CBD/parklands
- About 40% indigenous
- Different range of health issues



Nunkuwarrin Yunti
'Working Together'



'Medical tourism'

- Nepal, 2007
- INF gynaecology camp
- Remote area, targeted as 'deprived'
- Small team, clear focus, hard work and great fun
- Ongoing opportunities

International Nepal Fellowship







What I have learned...

- Medicine is a great way to make a difference
- Getting your working life and your value system lined up is very satisfying
- Opportunities abound – at home and away
- General practice is an especially good area for being able to reinvent yourself, and keep it new and exciting